



October 23, 2014
For Immediate Release
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Santa Cruz Community Health Centers Hosts College Application Workshop for Patients and Local Youth

October 23, 2014 – The Santa Cruz Community Health Centers is hosting a College Workshop on Sunday, October 26 from 10:30am to 2:00pm in an effort to promote and demystify the college application process for its teen patients and their families.

The brainchild of Medical Assistant Jose Martinez, a graduate from UC Santa Cruz, workshops will include information on how to pay for college and navigate the admissions process. Mr. Martinez has plans to go to medical school one day and is passionate about encouraging young people who may be the first in their family to attend college.

“In a large part, many of the health disparities that we see in our country are directly connected to education. This series of workshops is a small effort to empower our community to strive for higher education and diminish those health disparities we know”, said Jose Martinez, Medical Assistant.

Public health advocates have long known that education is a vital key to good health and longevity. According to the Robert Wood Johnson Foundation, Americans with less education are less healthy and they live shorter lives. Virginia Commonwealth University research has shown that at age twenty-five, college graduates can expect to live five years longer than those who have not finished high school. In addition, those with less education are combating chronic conditions. Researchers say that in 2011, the prevalence of diabetes reached 15 percent of adults without a high school education, compared with 7 percent of college graduates.

“We are working to expand access to high quality care in our two clinics: the Women’s Health Center in downtown Santa Cruz and the East Cliff Family Health Center, in Live Oak. But as health care providers, we also intend to improve community health by promoting education, from pre-school to college,” said Leslie Conner, Executive Director.

The event will be held at the East Cliff Family Health Center in the East Cliff Village Shopping Center in Live Oak (21507 East Cliff Drive, Santa Cruz). For information contact Jose Martinez at phone: (831)840-3129 or via email: JMartienz@schealthcenters.org.

About the Santa Cruz Community Health Centers:

SCCHC provides primary healthcare services in English and Spanish for women, men and children, regardless of economic status, physical or mental disability, sexual orientation, homelessness or immigration status. SCCHC's health centers deliver high-quality care through compassionate, dedicated physicians, mid-levels, social workers, nurses, medical assistants and administrative staff. SCCHC's clinics provide comprehensive services including primary care, behavioral health, pediatrics, prenatal care and education, insurance enrollment and more. Its flagship Women's Health Center in downtown Santa Cruz opened in 1974 and it recently opened the new East Cliff Family Health Center in Live Oak. Together, the clinic has served nearly 8,000 unique patients as of September 2014. Learn more at www.schealthcenters.org.

Pathways To Higher Education

What?

Free workshops on how to successfully navigate your way to a higher education institutes.

- Applications 101
- College Panel
- Funding Your Education

When?

Sunday, October 26th 2014
From 10:30am to 2:00pm

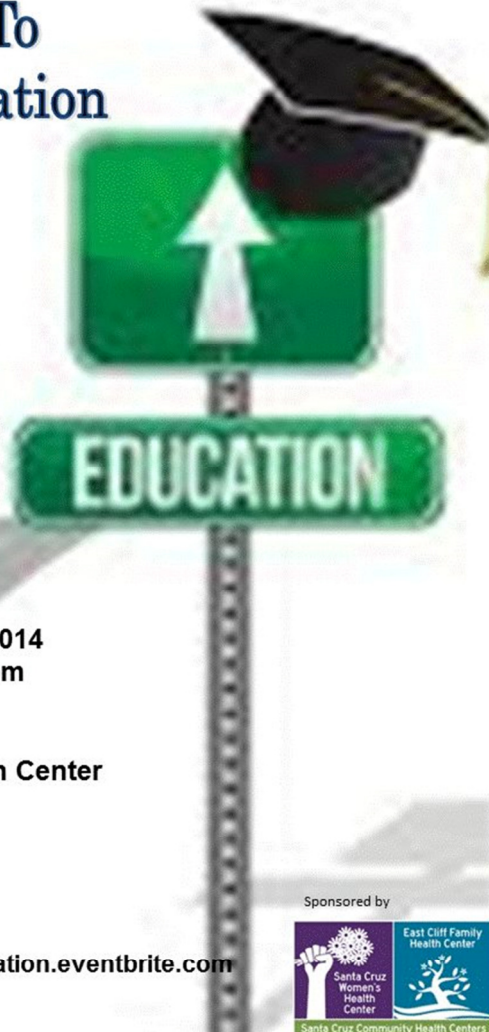
Where?

East Cliff Family Health Center
21507 East Cliff Drive
Santa Cruz, CA 95062

Register at pathways-to-higher-education.eventbrite.com

Email: JMartienz@schealthcenter.org

Phone: (831) 427-3500



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